

CHARTING A COURSE FOR PERINATAL HEALTH IN THE NORTH COUNTRY

The NCPPC Board of Directors with extensive input from the North Country Community established in 2003 and updated in 2005 its Perinatal Health Priorities to be addressed now and in the future:

- Increase Early Entry to Care
- Promote Alcohol, Tobacco and Other Drug Abstinence during Pregnancy
- Decrease Infant Mortality
- Increase Breastfeeding at Initiation and Throughout the First Year
- Increase Resources and Services to Address Perinatal Mood Disorders
- Decrease Prematurity
- Decrease Low Birthweight
- Increase Utilization of Services Supporting Women to have Healthy Babies
- Increase Folic Acid Use by Women
- Decrease the Proportion of Births that Result from Unintended Pregnancy
- Increase Preconception Care
- Reduce Adolescent Pregnancy
- Assure Healthcare Providers and Allied Health Professionals Receive Continuing Education to Increase their Capacity to Address Quality of Care Issues for Women of Reproductive Age and their Infants.
- Strengthen Health Supportive Services by Promoting Effective Program Management and Replicating Best Practices.
- Provide Leadership and Collaboration to the Regional Perinatal Forum

NORTH COUNTRY PRENATAL/PERINATAL COUNCIL, INC.



ANNUAL REPORT 2006-2007

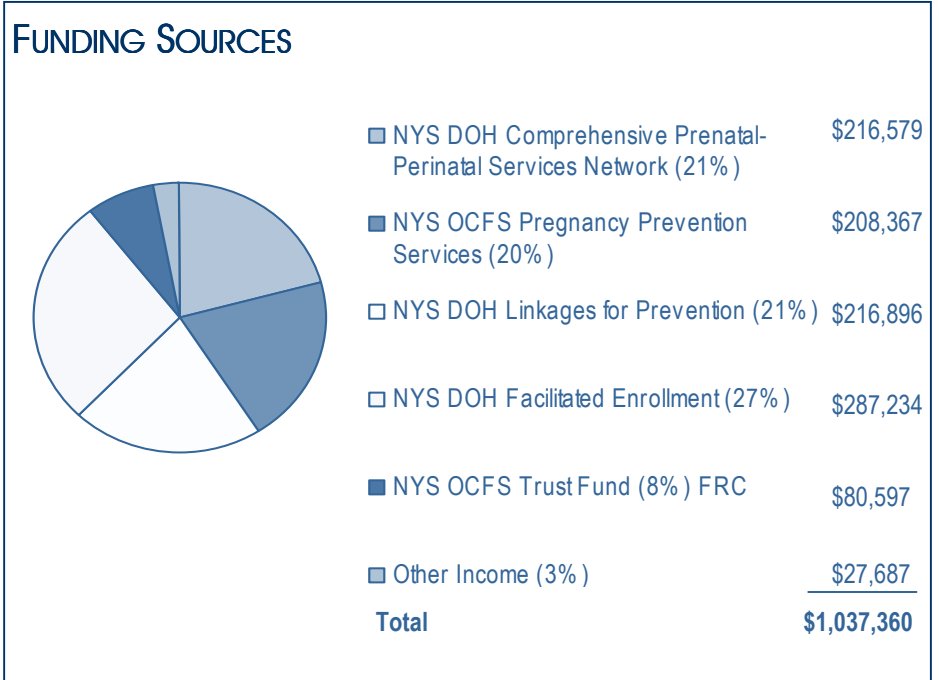
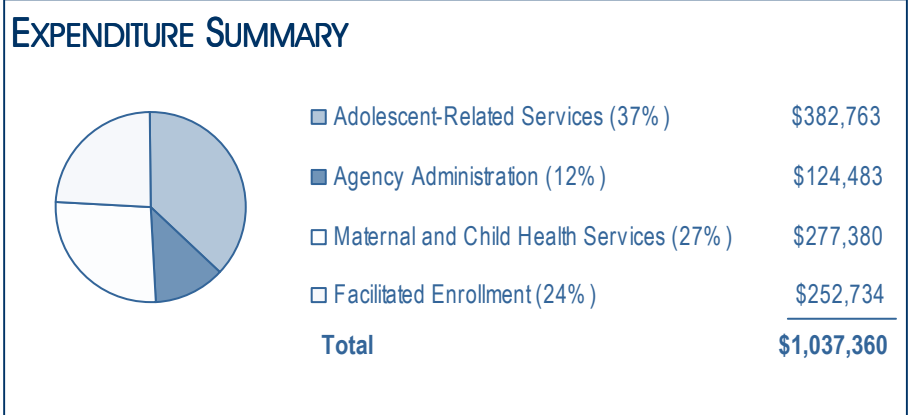


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FACILITATED ENROLLMENT FOR CHILD HEALTH PLUS, FAMILY HEALTH PLUS AND MEDICAID

The Facilitated Enrollment Program, a NYS DOH initiative, was implemented in April 2000 by NCPPC. This year the three northern counties were provided enrollment services through two subcontracts to community agencies in the tri-county area (North Country Children's Clinic and Planned Parenthood of Northern New York) and through NCPPC. Families receive assistance with the Medicaid, Family Health Plus, and Child Health Plus application process. From January 1, 2006 through June 30, 2007, 4,410 children and 1,601 adults have been enrolled in the tri-county area.

LINKAGES FOR YOUTH: A COMMUNITY-SCHOOL PARTNERSHIP

Linkages is funded through the New York State Department of Health Bureau of Child and Adolescent Programs through a Community Based Adolescent Pregnancy Prevention (CBAPP) Grant. In January 2006, NCPPC entered into a new 5-year funding cycle with the New York State Department of Health. Under the new initiative services are targeted toward Gouverneur and Hermon-DeKalb communities.

Services are subcontracted through five agencies: American Kang Duk Won, Cornell Cooperative Extension of St. Lawrence County, Gouverneur Central School, St. Lawrence County Health Initiative, Seaway Valley Prevention Council and an advocacy group, Community Connections. Programming services include peer mentoring, adult parenting programs, student assistance programs, anti-violence and risk reduction programs, reproductive healthcare information and referral, asset building, karate, and a variety of physical activity and nutritional programming.

GOVERNEUR ACTIVITY AND LEARNING CENTER

In September 2006, NCPPC entered into its third year of funding with the New York State Office of Children and Family Services Hoyt Trust Fund for the Family Resource Center located in Gouverneur, New York. The Center provides opportunities for educational play, information and referral, parent education, family support, child development and health education complemented by family recreation and community outreach. A parent advisory group determines center programming targeted toward families with children birth to five. Its goals include preventing child abuse and neglect while offering positive experiences for families. The Center has received additional funding from Ronald McDonald House Charities of Northern New York for the Pre-K Fun Program, the NYS Council on the Arts Decentralization Program and Stewart's Holiday Match.

Please support NCPPC and the Gouverneur Activity and Learning Center by donating your used cell phone or ink jet cartridges. Contact Tina Cobb @ tcobb@ncppcinc.org for more information. Thank you.

MISSION STATEMENT

The North Country Prenatal/Perinatal Council, Inc, is dedicated to strengthening maternal and family health by identifying service needs and improving access to care through community collaboration, education, and referral for the well being of every woman, every child, every family.

Funded through a contract with the New York State Department of Health Bureau of Women's Health, NCPPC fulfills its role as a Perinatal Network through:

- ◆ A tri-county Prenatal Case Management Coordination System with eight entry sites for women and teens who are at high risk due to psycho-social and socio-economic issues.
- ◆ Development of a tri-county birth certificate database through which community health, human service or education agencies may access information for their planning purposes.
- ◆ Developing extensive outreach and education for both consumers and professionals.
- ◆ Seeking consumer input about availability of access to health care.
- ◆ Coordinating regular meetings of health and human service providers and consumers to determine how to cover gaps in services and gather input on what may be impacting birth outcomes.
- ◆ Facilitating the Tri-County Breastfeeding Coalition and other issues related groups such as the FASD Task Force.
- ◆ Providing community assessment and statistical documentation for prenatal/perinatal planning in the North Country.
- ◆ Active involvement in agencies and coalitions which directly effect service delivery or policy development impacting regional maternal and child health outcomes.
- ◆ Implementing grants directly received or as lead agency for the tri-county area.

COMPREHENSIVE PRENATAL/PERINATAL SERVICES NETWORK

INITIATIVES:

PRENATAL CASE MANAGEMENT COORDINATION SYSTEM

As part of the Comprehensive Prenatal-Perinatal Services Network, NCPPC facilitates coordination of services for prenatal clients in conjunction with the eight case management agencies and health care providers. This coordination helps identify services needed by clients and staff assists in finding ways to provide needed services. Participating agencies include:

- ◆ Carthage Area Hospital
- ◆ Catholic Charities
- ◆ Claxton-Hepburn Maternal Care Center
- ◆ Jefferson County Public Health Service
- ◆ Lewis County Public Health Department
- ◆ North Country Children's Clinic's Adolescent Pregnancy Program
- ◆ Planned Parenthood of Northern New York's Case Management Programs
- ◆ St. Lawrence County Public Health Department

PROFESSIONAL OPPORTUNITIES

The following opportunities were provided during 2006-2007:

- ◆ *Promoting Maternal Mental Health During Pregnancy Skills Building with Dr. JoAnne Solcany.*
- ◆ *Prepared Child Birth Education & Training held for six of the seven birthing hospitals.*
- ◆ *Annual Teen Sexuality Conference—Relational Aggression with Susan Wellman, Founder and Director of the Ophelia Project.*
- ◆ *North Country Amish: Culture, Genetics, Healthcare Workshop*
- ◆ *Domestic Violence: A Protocol for Prevention and Intervention*
- ◆ *Tri-County Breastfeeding Coalition: provides peer education for LCERPs.*
- ◆ *NYSDOH Breastfeeding Grand Rounds sponsored locally.*

OUTREACH INITIATIVES

NCPPC conducts extensive outreach and education throughout the tri-county area. Among them are:

- ◆ Early Pregnancy Classes sponsored at seven hospitals
- ◆ Newsletters for consumers and professionals
- ◆ Consumer and Professional Libraries
- ◆ The Personal Pregnancy Manual
- ◆ The Directory of Services
- ◆ Information and Referral Services including toll free number and website
- ◆ Participation in Community Events
- ◆ Consumer and Professional Presentations
- ◆ Conferences and Workshops
- ◆ Health Promotion Campaigns
- ◆ Infant Feeding and Diapering Stations at County Fairs and community events
- ◆ Presentations in schools on SIDS and SBS
- ◆ FASD Task Force

OTHER NORTH COUNTRY PRENATAL/PERINATAL COUNCIL PROGRAMS:

JEFFERSON ST. LAWRENCE ADOLESCENT PREGNANCY PREVENTION AND SERVICES

JSLAPPS is funded through the New York State Office of Children and Family Services Adolescent Pregnancy Prevention and Services Grant. The funding provides an array of comprehensive services in Jefferson and St. Lawrence Counties to an at-risk, pregnancy and parenting population. JSLAPPS entered the first year of its new contract in April 2007.

Services were provided through six subcontractors: Alcohol and Substance Abuse Council of Jefferson County, Carthage Central School, Cornell Cooperative Extension of Jefferson County, Mental Health Association, North Country Adolescent Outreach and Watertown City Schools. Services offered include: mentoring and parenting programs, peer support groups, prevention programming, home visiting, adventure based activities, tutoring, after-school clubs, skill workshops around decision making, communication and problem solving, intensive case management, and school-based student assistant programming. A diverse community council whom are responsible for developing and evaluating initiatives to address adolescent pregnancy issues guides JSLAPPS.